



## Mental Health Skype Meeting

PSAC Members in the North interested in having a discussion and learning more about resources for workplace mental health during COVID-19 pandemic are invited to participate in the following 3-Territory teleconference:

**Date: Monday, May 4, 2020**

**Time: 6:00 PM PDT - Whitehorse**

**7:00 PM MDT - Yellowknife**

**9:00 PM EDT - Iqaluit**

### What Are Your Work Challenges during the Covid 19 Pandemic?

1. What is your Employer doing to support the Mental Health of both Critical, Non-Critical and Essential Workers?
2. If you are deemed as doing Critical Work, has your supervisor clearly defined your job duties?
3. Do you have any concerns about returning to work?

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→ [Join Skype Meeting](#) Conference code: 567 277 613 #

Trouble Joining? [Try Skype Web App](#)

### Or Join by phone,

Please dial Toll-free number: 1 (844) 259-7596 or Toll number: 1 (867) 675-0093 and when prompted enter the conference code followed by the number sign:  
conference code: **567 277 613 #**